# HeartCycle Bicycle Tour Club The Moab Area Tour 2019

Dates:	Arrive: Saturday, May 11 <sup>th</sup> . Ride May 12-16. Departure: Thursday, May 16 <sup>th</sup>
Leaders:	Doug Moll, Richard Loeffler. SAGs: Mary Ann Loeffler, Melissa Collins
Rating:	Intermediate/Advanced. 40-60 miles/day. Moderate to steep climbs.
# Pd Riders:	30
Price:	\$1,130 (Double Occupancy). \$400 at Registration. Remainder due by 3/9/19 Single Supplement +\$565 (+50%). Standard Cancellation Policy applies.

#### **Overview:**

Dante once said, "Nature is the art of God". There is no better proof of this than in Moab, Utah. In a word, the Moab area is Spectacular! Whether by mountain bike, jeep, hiking or in our case, road riding, you will bear witness to some of the finest scenery this great country of ours has to offer. There will be 4 days of riding beginning with the Arches National Park. Followed by Dead Horse Point, LaSal Mountain Loop and ending with the Potash Road ride.

This Fixed Base tour will have an open (rest) day as well, to enjoy the MANY activities that Moab is famous for.

Saturday, May 11<sup>th</sup> – Arrive Moab. We will be staying at the Comfort Suites, Moab. We will meet at 7:00pm for all of our pre-tour discussions.

### Sunday, May 12<sup>th</sup> – Ride to Devils Garden in Arches National Park. 45 Miles, Elevation Gain: 3945 Feet

This is the route that everyone has on their List! We will make an early morning start to avoid the vehicle traffic and start the climb into the park. This is a moderately strenuous climb that will get your cardio going but it is well worth it! We will ride past Balance Rock, and multiple arches on our way to lunch at Devils Garden Campground. There will be ample time to sight see and hike if you want. Make sure the battery to your camera is fully charged!



#### Monday, May 13<sup>th</sup> – Ride to Dead Horse Point in Canyonlands. 67 Miles, Elevation Gain: 3577 Feet

We will ride past the entrance to Arches National Park on our climb to the Canyonlands area. Dead Horse Point is truly 'one of a kind'. This is where we will have lunch and spend a considerable amount of time taking in the views. Trust me when I say that the point where we will have lunch will be one of the most magnificent lunch venues you have ever experienced!



# Tuesday, May 14<sup>th</sup> – Rest/Activity Day

A 'rest day' is only a metaphor for time to partake in other activities....and does Moab have them! Jeep tours. Mountain biking, Rafting. Hiking. Wineries. Shopping. Etc. Stay tuned for a complete listing of these optional activities.

## Wednesday, May 15<sup>th</sup> – LaSal Mountain Loop 62 Miles, Elevation Gain: 5500 Feet

The LaSal Mountain Loop follows the route of the Gran Fondo Moab road cycling event. It truly has it all. Demanding: It will test your cardio, quads and lungs. Beautiful (stunning) scenery. Panaoramic vistas at the lunch stop. We experience an exhilarating descent and then a relaxing rolling descent that gives you a chance to take in the full beauty of the area, including the Colorado River.



Thursday, May 16<sup>th</sup> – The Potash Road. A Colorado River Ride. 38 Miles, Elevation Gain: 1515 Feet

What a perfect ride to end the Tour! An easy and relaxing ride with the Colorado river on one side and towering, vertical walls on the other! You'll see ancient petro glyphs etched into the walls from eons ago as well as the possibility of watching world class rock climbers risking it all on these sheer rock faces. We will ride to the Moab Potash Plant and then return to Moab in plenty of time for you to



check out, take showers and head home with memories for a lifetime!

Leaders: Doug Moll: 386-547-6144 <u>doug@aaplus.com</u> Richard Loefler: 303-981-2963 <u>richardtloeffler@gmail.com</u>